

Praying with Teresa of Ávila



Rosemary Broughton

Companions
♦ for the ♦
Journey

Praying with Teresa of Avila is more than just a book about Teresa's spirituality. This book seeks to engage you in praying the way that Teresa did about issues and themes that were central to her experience. Each meditation can enlighten your understanding of her spirituality and lead you to reflect on your own experiences.

The goal of *Praying with Teresa of Avila* is that you will discover Teresa's profound spirituality and integrate her spirit and wisdom into relationship with God, with your brothers and sisters, and with your own heart and mind.

Teresa of Avila is a woman, saint, a mystic, and a doctor of the church. She is best known for her reform of the Carmelite community in sixteenth-century Spain and for her many inspiring and profound writings that were saved and circulated in the decades after her death. As a woman in prayer, Teresa is a good model for anyone who wants to live a simple life with God in the midst of a complex world.

Praying with Teresa of Avila is written by Rosemary Broughton, STL, PhD. Dr. Broughton is the Reunion 2013 Faculty Service Award winner. She was professor of religious studies at College of Saint Teresa and program director of the Institute in Pastoral Ministries at Saint Mary's University of Minnesota. She has lectured extensively and has facilitated retreats on scriptural themes and adult spiritual development.

This book is out of circulation, but may be found for sale on eBay.